

White Chicken Chili

Ingredients:

- 2-3 boneless, skinless chicken breasts
- 1 can (15 oz) white beans, drained and rinsed
- 1 can (4 oz) diced green chiles
- 1 packet ranch seasoning mix
- 1 tsp cumin
- 1 tsp chili powder
- 4 cups chicken broth
- 1 block (8 oz) cream cheese (add at the end)

- Place chicken, beans, green chiles, ranch seasoning, cumin, chili powder, and chicken broth in the crockpot.
- 2. Cover and cook on low for 6-8 hours or high for 3-4 hours.
- 3. Shred the chicken and stir in cream cheese 20 minutes before serving



Orange Chicken

Ingredients

1.5 lbs boneless, skinless chicken breasts or thighs

1 cup orange marmalade

1/2 cup soy sauce

1/4 cup rice vinegar

1/4 cup brown sugar

2 cloves garlic, minced

1 tsp ground ginger

1/2 tsp crushed red pepper flakes (optional

for some heat)

1 tbsp cornstarch (optional for thickening)

2 tbsp water (optional for thickening)

Cooked rice, for serving

Sliced green onions and sesame seeds for

garnish (optional)

- Whisk together the orange marmalade, soy sauce, rice vinegar, brown sugar, garlic, ginger, and red pepper flakes (if using).
- Pour half the sauce into the crockpot and place the chicken breasts (or thighs) in the bottom of the Crockpot.
- Pour the rest of the orange sauce over the chicken in the Crockpot. Cover and cook on low for 4-5 hours or on high for 2-3 hours, until the chicken is tender and easily shreds.
- Once the chicken is done, remove it from the Crockpot and cut into chunks. In a small bowl, mix cornstarch and water, then stir the mixture into the sauce in the Crockpot.
- Return the chicken, cover and cook on high for an additional 10-15 minutes, until the sauce thickens.



Salsa Verde Pork

<u>Ingredients:</u>

2 lbs pork shoulder or pork loin 1 jar (16 oz) salsa verde 1 tsp cumin 1 tsp garlic powder ½ tsp salt Juice of 1 lime

- Place the pork in the crockpot.
- 2. Pour salsa verde over the pork and add seasonings.
- 3. Cover and cook on low for 7-8 hours or high for 4-5 hours.
- 4. Shred the pork and serve in tacos, burritos, or over rice.



Honey Garlic Chicken

<u>Ingredients:</u>

4 boneless, skinless chicken thighs or breasts

⅓ cup honey

1/4 cup soy sauce

2 tbsp ketchup

2 tsp minced garlic

1 tsp dried basil

- 1. Place the chicken in the crockpot.
- 2. In a bowl, mix honey, soy sauce, ketchup, garlic, and basil. Pour over the chicken.
- 3. Cover and cook on low for 6-7 hours or high for 3-4 hours.
- 4. Serve with rice and steamed veggies.



Cajun Chicken & Sausage Gumbo

<u>Ingredients:</u>

1 lb boneless, skinless chicken thighs (or breasts)

12 oz andouille sausage, sliced 1 can (14.5 oz) diced tomatoes

4 cups chicken broth

2 tbsp Cajun seasoning (adjust for spice level)

1 tsp smoked paprika

½ tsp thyme

½ tsp black pepper 2 bay leaves

1 small onion, diced

s) 1 green bell pepper, diced

2 celery stalks, diced

3 cloves garlic, minced

1 tbsp Worcestershire sauce 1 tbsp hot sauce (optional)

1 tosp not sauce (optional)

1 cup frozen okra (added in the last 30

minutes

2 tbsp cornstarch + 2 tbsp water (for

thickening, optional)

Cooked white rice (for serving)

Chopped green onions (for garnish)

- Add the chicken, sausage, onion, bell pepper, celery, garlic, diced tomatoes, broth, Cajun seasoning, paprika, thyme, black pepper, bay leaves, Worcestershire sauce, and hot sauce to the slow cooker. Stir to combine.
- 2. Cover and cook on low for 6-7 hours or high for 3-4 hours.
- 3. Remove the chicken, shred it, and return it to the pot.
- 4. Stir in the okra and let cook for another 30 minutes.
 - If you want a thicker gumbo, mix the cornstarch and water, then stir it in and cook for another 10-15 minutes until thickened.
- 6. Serve over white rice and garnish with green onions.